

All Saints Centre Weekly Activities

smAll Saints
Mondays 1.30 -3pm in Church for under 5's

Christian Meditation
Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do
Monday 5.45-8.15pm Toby 07843046221

University of the Third Age Moseley & KH
2nd Tuesday of month 2pm 449 2470

All Saints Youth Project
Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project
Providing information/ support/ parenting programmes for parents of teenagers
Open 10-5 Mon -Thurs 10-1 Fri 443 1842

Birmingham Careers Service age 16-19
Mondays 1.00 to 4.00 p.m in the Youth Project

Village Square Gardening Club
Wed 9.30am-1.30pm

All Saints Elders Lunch Club
Wednesday 12noon, Liz Turner - 604 6086

Tae Kwon Do
Wed 5.45pm till 7.15pm Toby 07843046221

Short Date Cafe Wed 5.30-7.30pm
A joint venture between the Youth Project and the Cafe selling simple made meals from food that is in danger of being sent to landfill.

Clarion Singers
Weds 7.30-9.30pm for everyone. No auditions

TRUST meets the first Wednesday of the month 6.30pm to 8.30pm Youth Project

Badminton
Wed 8 -10 pm Steve or Zena 01905 772171

Traidcraft
Co-ordinator Gill Parkin 604 6127
Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

Knit & Natter Group
Thursdays 10.30am - 12.30pm in Cafe

Fantastic Fledglings Thursdays (term time only)
12.30-2.30pm Youth Project

TCM (Tea Cake & Music)
Thursdays 3pm in the Cafe

The Potter's House Bible Study
Thursday 7-9pm & Sun 1.30-3.30pm & 7.30-9.30pm daniellettman@hotmail.com

Kung Fu
Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

Zumba Gold Class 40+ Fitness suitable for all.
£4.50 Friday 10 - 11 am Caroline 07908802794

Breathe Easy Singing Group
1st, 2nd & 4th Friday of each month 11.00 am - 12.00 noon £4.00 per session (1st session free)
Contact Sarah - 07855950393

1st Midland B-P Scout Group
Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm
Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group
Sat 9.30 -12noon Joy 440 1354

Umbrellaz Child Care Services
Mon - Fri during term time
8.00 - 8.30 am Pre-school and 3.30 - 6.00 pm after school services. 07453982688

The Café is open until 9.30 on Fridays with live music featuring local musicians.

All Saints Community Development Company
Hiring of Hall, rooms and Village Square contact
bookings@allsaintscentrehk.co.uk phone 0121 443 4579
www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrehk

All Saints Parish Office 0121 444 0760
email:parishoffice@allsaintscentrehk.co.uk www.allsaintskingsheath.co.uk

All Saints Youth Project & the Parent Project 0121 443 1842
info@asyp.org.uk www.allsaintsyouthproject.org.uk

The Robin Centre for older people Mon-Fri contact 0121 483 4400

All Saints Cafe opening times to 9.00am - 4.30pm Monday to Saturday

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre
444 2005

Feet First Footcare
Podiatrist 444 0990

All Saints Dental Clinic
444 0496

Dens of Equality supporting children with special needs
441 2207

CircusMash
www.circusmash.co.uk

Wed Holy Communion 11.30 am

Sun 8.00am Holy Communion
10.00am Parish Communion
6.30pm Evening Prayer
1st Sunday of the month
All Age Worship 10.00am

All Saints Outlook

ALL SAINTS CENTRE & PARISH CHURCH



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY
Company No 4499211 Charity Number 1095879

& ALL SAINTS COMMUNITY PROJECTS
Company No 6473845 Charity number 1136158
2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

April 2018

ISSUE 96

Older People Welcome
There is a lot going on at All Saints
For Older People



See inside for a range of activities

Events at All Saints Centre

**Sunday 1st April
Easter Day Services**

**Saturday 7th April
Farmers' Market
Village Square 9am– 2pm**

**Sunday 8th April
Spring Flower Show
Kings Heath Village Square
The Main Hall 12pm - 5pm
Contact Ken Whittaker
07748 710996**

**Monday 16th April 6-8pm
Board Game Evening
in All Saints Cafe
Come along and bring any
favourite board games**

Film Nights

Look out for regular Film Nights (some for adults, some for families) The next is Monday 14th May 7-9:30pm in the Marjorie Allen Room, film to be confirmed.

C.W.A.G

All Saints children and families is establishing a new group called C.W.A.G. (Children's Work Advisory Group) We'll meet once a month initially, for cake and discussion to share our vision for this vital ministry, Anyone who has a heart for the childrens' work in the area is welcome contact Emily on 07739 018908 emily.childrensworker@gmail.com

Art Exhibitions

The next *Welcome Space* exhibition will be: 'COMPLEXions – an exhibition of wonderful photographs drawing our attention to the vibrant life of the 'All Saints Youth Project' which is celebrating its 20th Anniversary this year. The exhibition will run from **20th March – Sunday 27th May 2018.**



The *All Saints Youth Project* means many different things to many different people. For the exhibition the young people have selected photographs illustrating words that they identify with their youth project: Joy, Learning, Support, Pride, Respect, Together.

Friday Live Music evenings in the Café 7-9.30pm

Every Friday evening, All Saints Community Café hosts live music evenings, featuring local musicians. We've had some great evenings with some regular musicians and some first timers.

Our April programme is:
6th April: Raggle Taggle Klezma
13th April: The Café Band
20th April: Robbie & Brian
27th April: Matt Atkinson on classical guitar
All welcome for an enjoyable evening supporting Kings Heath music. Our usual menu is available, together with our small bar.



Local guitarist, Bernard Payne played for us in February, and will be back!

There is a lot going on at All Saints from the front page

Did you know that All Saints has a Lunch Club open to the over 60's which operates every Wednesday in the Church Hall? Company, conversation, homemade soup, a big choice of sandwiches and lovely desserts. Just turn up, or more information from Liz the organiser on 0121 604 6086.

On Thursdays we have a Knit and Natter group that meets up in the Café every Thursday morning from 10.30am. Just turn up, it's fun, and we are presently knitting Poppies for an exhibition to mark the anniversary of the end of the First World War. Recently we have knitted blankets for premature babies and gloves for those with dementia.

Tea, Cake and Music (TCM) happens every Thursday afternoon in the All Saints Café. Come along and for just £1 enjoy some piano music, home-made cake and tea or

coffee. This all happens at 3pm for 90 minutes - the last 45 minutes we have a sing-a-long with lots of old favourites like "Sailing", "My Old Man's a Dustman" and "Danny Boy".

The Robin Day Centre is our very well-regarded Day Centre for those with dementia. Referrals can be via Birmingham Social services or self referrals. There is a daily charge. All staff are DBS checked, there is stimulation, quality food, and a fully trained staff team.

For more information contact the manager Paula McGrath on : 0121 483 4400.

On Wednesday at 11.30am we have a Communion Service in Church for those who find it difficult to get to Church on a

Sunday. Many of those attending stay after this short 30 minute service for the Lunch Club.

All Saints – All Welcome.
Those of Faith or no Faith



ALL SAINTS YOUTH PROJECT SUPPORT GROUPS For Parents and Carers Of Teenagers with and without additional needs

ADHD Parent/Carer Support Group
For parents/carers of children/young people diagnosed with ADHD
Guest Speaker - Tools and Strategies Workshop. Free
Thursday 19th April 10am till 2pm
T.R.U.S.T
Support for parents of adolescents with mental health issues
Wednesday 4th April
6.30pm till 8.30pm Free
Fantastic Fledglings
Support for parents/carers and their teenagers who have mental health

issues. Thursday 26th April
12.30 till 2.30 Free
NEW - Time 4 Dads
(for dads and teens)
Movie Morning
Saturday 21st April
10am till 12.30pm Free
NEW - IMPACT
(parent support group)
Friday 13th April
9.30am till 11.30pm Free
For more information please contact
Ian Barber on
01214431842/07436798497